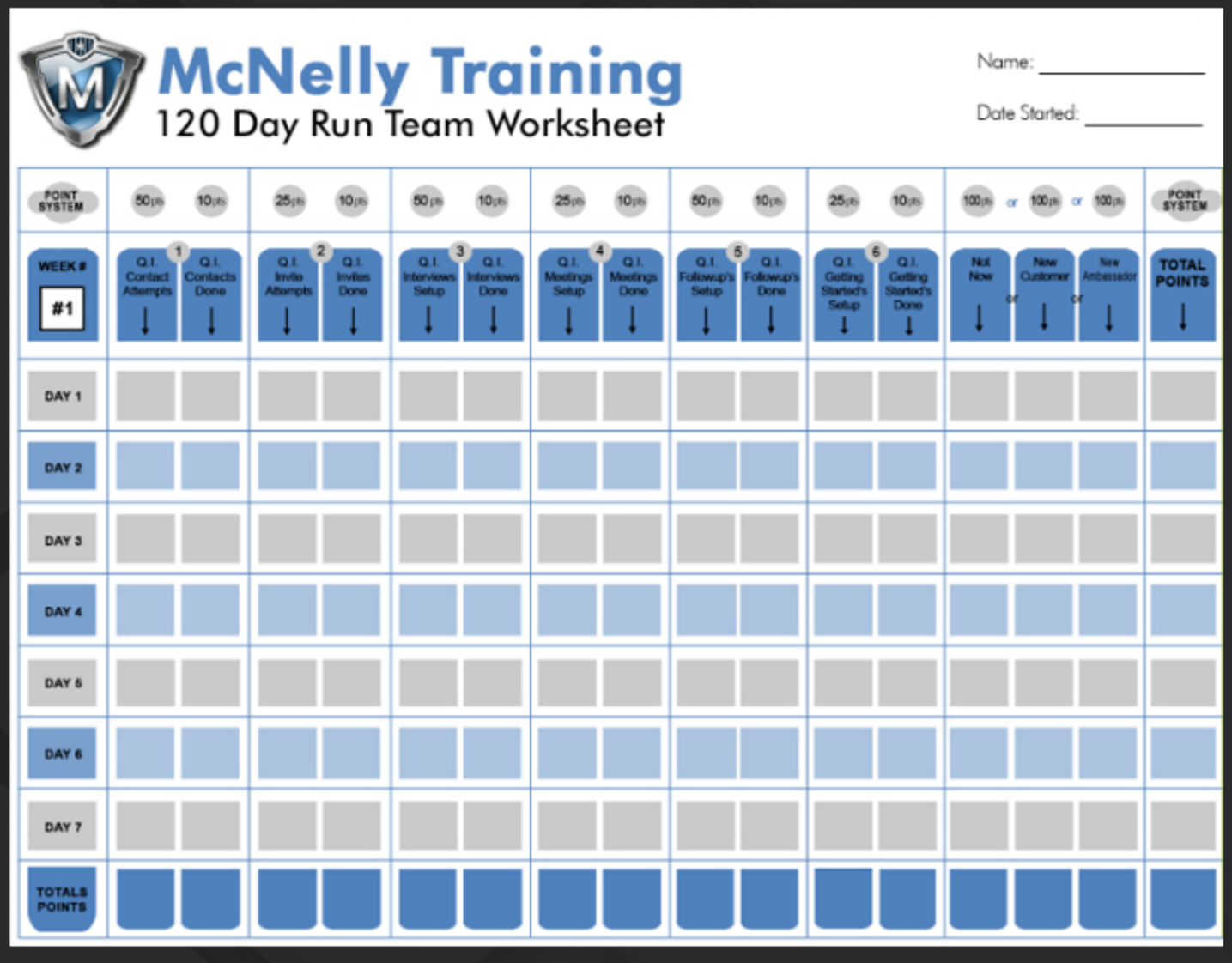
The McNelly Training

120 Day Run 3rd Month.pdf



McNelly Training

120 Day Run Team Worksheet

Name: _____

Date Started: _____

POINT SYSTEM	50pts	10pts	25pts	10pts	50pts	10pts	25pts	10pts	50pts	10pts	25pts	10pts	100pts or	100pts or	100pts	POINT SYSTEM
WEEK # #1	1 Q.I. Contact Attempts	Q.I. Contacts Done	2 Q.I. Invite Attempts	Q.I. Invites Done	3 Q.I. Interviews Setup	Q.I. Interviews Done	4 Q.I. Meetings Setup	Q.I. Meetings Done	5 Q.I. Followup's Setup	Q.I. Followup's Done	6 Q.I. Getting Started's Setup	Q.I. Getting Started's Done	Not Now	New Customer or	New Ambassador or	TOTAL POINTS
DAY 1																
DAY 2																
DAY 3																
DAY 4																
DAY 5																
DAY 6																
DAY 7																
TOTALS POINTS																

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POINT SYSTEM	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	100 pts or	100 pts or	100 pts	POINT SYSTEM
WEEK # #11	1 Q.I. Contact Attempts ↓	Q.I. Contacts Done ↓	2 Q.I. Invite Attempts ↓	Q.I. Invites Done ↓	3 Q.I. Interviews Setup ↓	Q.I. Interviews Done ↓	4 Q.I. Meetings Setup ↓	Q.I. Meetings Done ↓	5 Q.I. Followup's Setup ↓	Q.I. Followup's Done ↓	6 Q.I. Getting Started's Setup ↓	Q.I. Getting Started's Done ↓	Not Now ↓	or New Customer ↓	or New Ambassador ↓	TOTAL POINTS ↓
DAY 61																0
DAY 62																0
DAY 63																0
DAY 64																0
DAY 65																0
DAY 66																0
DAY 67																0
TOTALS POINTS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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POINT SYSTEM	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	100 pts or	100 pts or	100 pts	POINT SYSTEM
WEEK # #12	1 Q.I. Contact Attempts	Q.I. Contacts Done	2 Q.I. Invite Attempts	Q.I. Invites Done	3 Q.I. Interviews Setup	Q.I. Interviews Done	4 Q.I. Meetings Setup	Q.I. Meetings Done	5 Q.I. Followup's Setup	Q.I. Followup's Done	6 Q.I. Getting Started's Setup	Q.I. Getting Started's Done	Not Now or	New Customer or	New Ambassador	TOTAL POINTS
DAY 68																0
DAY 69																0
DAY 70																0
DAY 71																0
DAY 72																0
DAY 73																0
DAY 74																0
TOTALS POINTS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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POINT SYSTEM	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	100 pts or	100 pts or	100 pts	POINT SYSTEM
WEEK # #13	1 Q.I. Contact Attempts ↓	Q.I. Contacts Done ↓	2 Q.I. Invite Attempts ↓	Q.I. Invites Done ↓	3 Q.I. Interviews Setup ↓	Q.I. Interviews Done ↓	4 Q.I. Meetings Setup ↓	Q.I. Meetings Done ↓	5 Q.I. Followup's Setup ↓	Q.I. Followup's Done ↓	6 Q.I. Getting Started's Setup ↓	Q.I. Getting Started's Done ↓	Not Now ↓	or New Customer ↓	or New Ambassador ↓	TOTAL POINTS ↓
DAY 75																0
DAY 76																0
DAY 77																0
DAY 78																0
DAY 79																0
DAY 80																0
DAY 81																0
TOTALS POINTS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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POINT SYSTEM	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	100 pts or	100 pts or	100 pts	POINT SYSTEM
WEEK # #14	1 Q.I. Contact Attempts ↓	Q.I. Contacts Done ↓	2 Q.I. Invite Attempts ↓	Q.I. Invites Done ↓	3 Q.I. Interviews Setup ↓	Q.I. Interviews Done ↓	4 Q.I. Meetings Setup ↓	Q.I. Meetings Done ↓	5 Q.I. Followup's Setup ↓	Q.I. Followup's Done ↓	6 Q.I. Getting Started's Setup ↓	Q.I. Getting Started's Done ↓	Not Now ↓	or New Customer ↓	or New Ambassador ↓	TOTAL POINTS ↓
DAY 82																0
DAY 83																0
DAY 84																0
DAY 85																0
DAY 86																0
DAY 87																0
DAY 88																0
TOTALS POINTS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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POINT SYSTEM	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	100 pts or	100 pts or	100 pts	POINT SYSTEM
WEEK # #15	1 Q.I. Contact Attempts ↓	Q.I. Contacts Done ↓	2 Q.I. Invite Attempts ↓	Q.I. Invites Done ↓	3 Q.I. Interviews Setup ↓	Q.I. Interviews Done ↓	4 Q.I. Meetings Setup ↓	Q.I. Meetings Done ↓	5 Q.I. Followup's Setup ↓	Q.I. Followup's Done ↓	6 Q.I. Getting Started's Setup ↓	Q.I. Getting Started's Done ↓	Not Now ↓ or	New Customer ↓ or	New Ambassador ↓	TOTAL POINTS ↓
DAY 89																0
DAY 90																0
WEEK #11	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
WEEK #12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
WEEK #13	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
WEEK #14	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
WEEK #15	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3rd 30 DAYS TOTALS POINTS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0