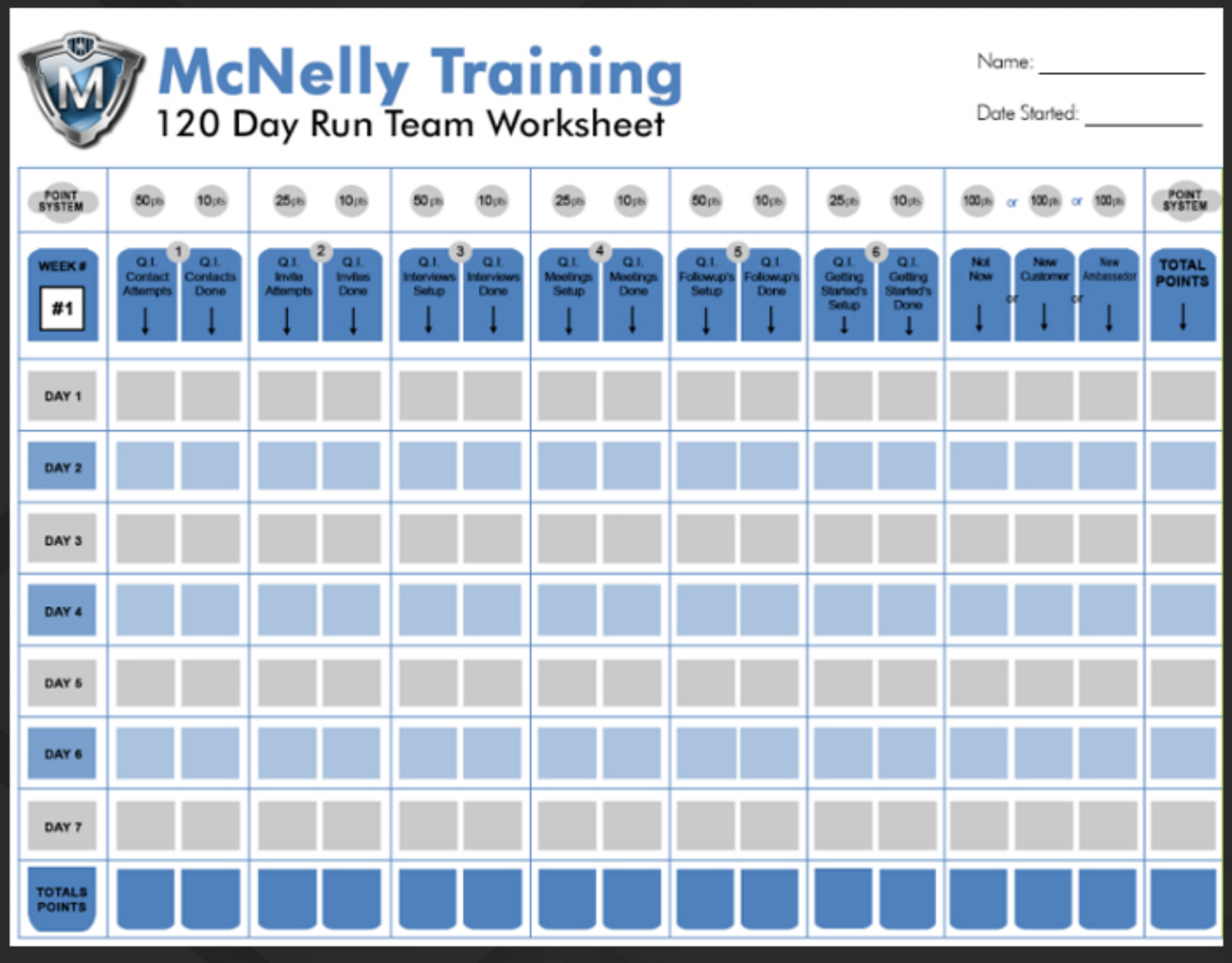
The McNelly Training

120 Day Run 4th Month.pdf



McNelly Training

120 Day Run Team Worksheet

Name: _____

Date Started: _____

POINT SYSTEM	50pts	10pts	25pts	10pts	50pts	10pts	25pts	10pts	50pts	10pts	25pts	10pts	100pts or	100pts or	100pts	POINT SYSTEM
WEEK # #1	1 Q.I. Contact Attempts	Q.I. Contacts Done	2 Q.I. Invite Attempts	Q.I. Invites Done	3 Q.I. Interviews Setup	Q.I. Interviews Done	4 Q.I. Meetings Setup	Q.I. Meetings Done	5 Q.I. Followup's Setup	Q.I. Followup's Done	6 Q.I. Getting Started's Setup	Q.I. Getting Started's Done	Not Now	New Customer or	New Ambassador or	TOTAL POINTS
DAY 1																
DAY 2																
DAY 3																
DAY 4																
DAY 5																
DAY 6																
DAY 7																
TOTALS POINTS																

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POINT SYSTEM	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	100 pts or	100 pts or	100 pts	POINT SYSTEM
WEEK # #16	1 Q.I. Contact Attempts ↓	Q.I. Contacts Done ↓	2 Q.I. Invite Attempts ↓	Q.I. Invites Done ↓	3 Q.I. Interviews Setup ↓	Q.I. Interviews Done ↓	4 Q.I. Meetings Setup ↓	Q.I. Meetings Done ↓	5 Q.I. Followup's Setup ↓	Q.I. Followup's Done ↓	6 Q.I. Getting Started's Setup ↓	Q.I. Getting Started's Done ↓	Not Now ↓	or New Customer ↓	or New Ambassador ↓	TOTAL POINTS ↓
DAY 91																0
DAY 92																0
DAY 93																0
DAY 94																0
DAY 95																0
DAY 96																0
DAY 97																0
TOTALS POINTS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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POINT SYSTEM	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	100 pts or	100 pts or	100 pts	POINT SYSTEM
WEEK # #17	1 Q.I. Contact Attempts	Q.I. Contacts Done	2 Q.I. Invite Attempts	Q.I. Invites Done	3 Q.I. Interviews Setup	Q.I. Interviews Done	4 Q.I. Meetings Setup	Q.I. Meetings Done	5 Q.I. Followup's Setup	Q.I. Followup's Done	6 Q.I. Getting Started's Setup	Q.I. Getting Started's Done	Not Now or	New Customer or	New Ambassador	TOTAL POINTS
DAY 98																0
DAY 99																0
DAY 100																0
DAY 101																0
DAY 102																0
DAY 103																0
DAY 104																0
TOTALS POINTS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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POINT SYSTEM	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	100 pts or	100 pts or	100 pts	POINT SYSTEM
WEEK # #18	1 Q.I. Contact Attempts ↓	Q.I. Contacts Done ↓	2 Q.I. Invite Attempts ↓	Q.I. Invites Done ↓	3 Q.I. Interviews Setup ↓	Q.I. Interviews Done ↓	4 Q.I. Meetings Setup ↓	Q.I. Meetings Done ↓	5 Q.I. Followup's Setup ↓	Q.I. Followup's Done ↓	6 Q.I. Getting Started's Setup ↓	Q.I. Getting Started's Done ↓	Not Now ↓	or New Customer ↓	or New Ambassador ↓	TOTAL POINTS ↓
DAY 105																0
DAY 106																0
DAY 107																0
DAY 108																0
DAY 109																0
DAY 110																0
DAY 111																0
TOTALS POINTS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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POINT SYSTEM	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	100 pts or	100 pts or	100 pts	POINT SYSTEM
WEEK # #19	1 Q.I. Contact Attempts ↓	Q.I. Contacts Done ↓	2 Q.I. Invite Attempts ↓	Q.I. Invites Done ↓	3 Q.I. Interviews Setup ↓	Q.I. Interviews Done ↓	4 Q.I. Meetings Setup ↓	Q.I. Meetings Done ↓	5 Q.I. Followup's Setup ↓	Q.I. Followup's Done ↓	6 Q.I. Getting Started's Setup ↓	Q.I. Getting Started's Done ↓	Not Now ↓	or New Customer ↓	or New Ambassador ↓	TOTAL POINTS ↓
DAY 112																0
DAY 113																0
DAY 114																0
DAY 115																0
DAY 116																0
DAY 117																0
DAY 118																0
TOTALS POINTS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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POINT SYSTEM	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	50 pts	10 pts	25 pts	10 pts	100 pts or	100 pts or	100 pts	POINT SYSTEM
WEEK # #20	1 Q.I. Contact Attempts ↓	Q.I. Contacts Done ↓	2 Q.I. Invite Attempts ↓	Q.I. Invites Done ↓	3 Q.I. Interviews Setup ↓	Q.I. Interviews Done ↓	4 Q.I. Meetings Setup ↓	Q.I. Meetings Done ↓	5 Q.I. Followup's Setup ↓	Q.I. Followup's Done ↓	6 Q.I. Getting Started's Setup ↓	Q.I. Getting Started's Done ↓	Not Now ↓	or New Customer ↓	or New Ambassador ↓	TOTAL POINTS ↓
DAY 119																0
DAY 120																0
WEEK #16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
WEEK #17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
WEEK #18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
WEEK #19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
WEEK #20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4th 30 DAYS TOTALS POINTS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0